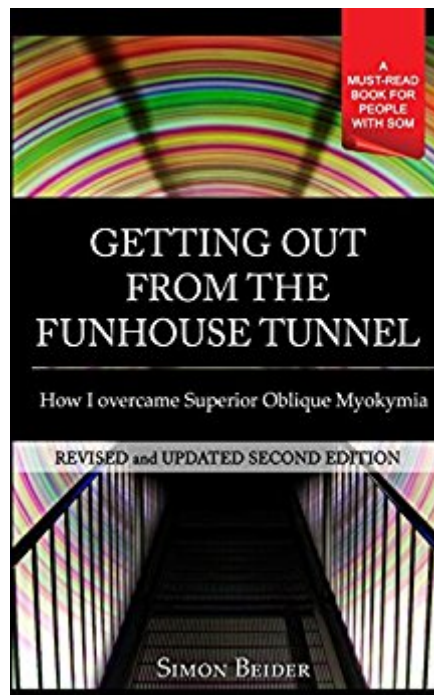




The book was found

Getting Out From The Funhouse Tunnel: How I Overcame Superior Oblique Myokymia



Synopsis

SECOND EDITION This book is an unusually honest narrative that explains how Superior Oblique Myokymia affects the body, mind and soul, of those who suffer SOM. Simon Beider, courageously recounts in the first person, his own journey to get out from the funhouse tunnel (a metaphor for the perception of the world from the SOMer's viewpoint). This book explains how doubts, fears and stress arise along the way, as well as the professional support, tools, contexts and personal attitudes, required to cope with SOM and, eventually, find what lies underneath, to overcome this condition.

Book Information

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Customer Reviews

This book was useful for me because I am a SOM sufferer and it was helpful to read someone else's similar experiences to my own. Because SOM is not a widely studied condition, it can feel lonely being the only one I know who struggles with it. This book definitely gave me some insights and hope that some day my wobbling world may stabilize.

Interesting read on a subject that is hard to find information on.

I LOVED this book, it is a MUST HAVE for anyone suffering from SOM. It made me feel good to read about someone going through the EXACT same things I have, as weird as that may sound. People will listen about SOM stories, but to hear someone tell stories that you yourself have been through is comforting in some way, or maybe its just me...Thanks Simon Beider for writing this book!

This really is a must read for anyone with SOM- and has given me hope! The book arrived quickly, without any issues.

I related to it perfectly, everything I was going through was in this book. Have given to family n friends to read.

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